

Download If You Meet Buddah On The Road

Once you stand nose to nose with the Buddha (you "meet him on the road") then you have no more to learn from the Buddha. At that point, holding on to those teachings becomes a crutch. an identity. No teaching is meant to be held onto. They are meant to provide an experience for where you are at in the moment. Simply put, "If You Meet the Buddha on the Road, Kill Him! Thank you to the TV show "Fringe" for exposing me to this book so happy to have read it. Great book and an even better life changing read! Happy Reading!!! Read more. 24 people found this helpful. Helpful. Comment Report abuse. If You Meet the Buddha on the Road, Kill Him: The Pilgrimage Of Psychotherapy Patients 3.98 · Rating details · 1,904 Ratings · 190 Reviews. Therapists do not and cannot give answers. Explore the true nature of the therapeutic relationship, and realize that the guru is no Buddha. He is just another human struggling. "If You Meet the Buddha on the Road, Kill Him". They choose happiness without reason. They choose laughter and joy over anger and spite. They honor their scars rather than resent them. They choose dancing rather than depression. And this is precisely where the Fool and the Sage merge, where humor and wisdom coalesce.